

# holy CROSS ANGLICAN church



A Parish of the  
Reformed Episcopal Church

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## May Events

Wed. 13, 6 pm  
Approaching God:  
Biblical Principles

Sun. 17, 10:30am  
5th Sunday of Easter

Wed. 20, 6 pm  
Approaching God:  
St. Polycarp

Fri. 22, 10:30am  
Kingdom Narnia

Sun. 24, 10:30am  
Ascension

Wed. 27, 6 pm  
Approaching God:  
St. Antony

Sun. 31, 10:30am  
Pentecost

## Ascension 2009



# HERALD



**O**n Wednesday nights, Holy Cross is beginning a new study series on Christian Spirituality. What is spirituality? It is the cultivation of our hearts for Heavenly things--“Approaching God.” This Temporal life is the staging ground for Eternity and so we want to look at how the great saints have run before us to win Heaven. These were not men and women who beat the air but were disciplined in their fight for the life of God.

Studying the lives of great saints like Polycarp, Antony of Egypt, Augustine of Hippo, Benedict of Nursia, Bernard of Clairvaux, Julian of Norwich, and Jeremy Taylor, we are inspired and instructed by

those who have truly showed forth Christ. Beginning with the principles of spirituality found in the Scriptures, we will follow their stories through history--paying particular attention to the English Spiritual Tradition which has most shaped us. These lives extending from the Bible down to the Prayer Book will be our instructors in the life of the Spirit, through the perennial approach to God in sacred reading, prayer, meditation, sacrament, and spiritual direction. We will receive practical instruction in drawing together Sunday Worship, Daily devotion, and a continual Recollection of God into a Rule of Life by which we can Approach God with poets, madmen, and saints.

At that hour the martyrs of Christ being  
tortured were absent from the flesh,  
or rather the Lord was standing  
by and conversing  
with them...

...with the eyes of their heart they gazed upon the good things  
which are reserved for those that endure patiently...

--The Martyrdom of Polycarp

